



SENIOR LIFE M I D L A N D

3301 Sinclair Ave
Midland, Tx. 79707
(432) 694-6693



www.seniorlifemidland.org

The mission of Senior Life Midland is to address the challenges related to aging and develop efficient, flexible and compassionate ways to meet the needs of our community.

HOMEBOUND SERVICES:

Meals on Wheels

We deliver hot, nutritious meals, friendly visits and vital safety check to the elderly, homebound persons who have a need for a lunch time meal.

Meals on Wheels for Paws

For those that need the service, pet food is included with the Meals on Wheels delivery. Pets are often important companions for our seniors. We want to ensure both seniors and their pets are well cared for.

Handyman

The Handyman program provides needed safety upgrades such as wheel chair ramps, grab bars, smoke and carbon monoxide detectors, dead bolt locks and replacing broken windows for low-income elderly homeowners of Meals on Wheels.

One Day At A Time

One Day at a Time exists to help the homebound elderly and low-income senior citizens with daily living necessities, such as help with utilities, rent and dignity items. Because volunteers and case workers work closely in the day to day life of our clients, they are able to identify needs that arise “one day at a time.”

Advocacy Efforts

Through Advocacy Efforts, our dedicated case workers are able to support and provide a voice for seniors. Many seniors have nowhere to turn for assistance. With our Advocacy Efforts, we improve daily lives for our aging population.

Senior Life Midland

Community Volunteer Program

The Community Volunteer Service Program matches individuals, ranging from youth to retired senior to assist nonprofit partner agencies throughout Midland. This program improves our community while providing Midlanders with purpose.



**AmeriCorps
Seniors**

AMERICORPS SENIORS:

AmeriCorps Senior programs, connect seniors 55+ with the people that need them the most. We help volunteers become mentors, and companions to help people in need, or contribute to their job skills and experiences to community projects and organizations.

Foster Grandparents

This program places active seniors, in the classroom to mentor at risk students. Foster Grandparents provide tutoring, mentorship and give extra support in the classroom.

Senior Companions

We connect active seniors to less active seniors to provide assistance with everyday tasks. Volunteers help with tasks such as grocery shopping, doctors appointments, etc.



Thank you Midland for making the many programs of Senior Life Midland possible. Your gifts, both monetary and items for the Texas Size Garage Sale and the many hours of volunteerism makes our community a better place for seniors.



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Midland, TX. 79708
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Senior Life Midland offers an array of homebound services to assist local, aging population to remain independent and in their homes for as long as possible

- Meals On Wheels
- Meals on Wheels for Paws
- Handyman
- One Day At A Time



Senior Life Midland's Community Volunteer Program connects individuals to community agencies that need your skill set and expertise.

- Meals On Wheels
- Texas Size Garage Sale
- Midland County Library
- Christmas In Action

And many more local partners



AmeriCorps
Seniors

For Active seniors 55+, the AmeriCorps Seniors program is another way to stay active through volunteerism within the community.

- Foster Grandparents
- Senior Companion



For more information on how you can make a difference in our community contact
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